

Ctexli

United Arab Emirates · access guide

How to access Ctexli for cerebrotendinous xanthomatosis from the UAE: 2026 pathway via SSMC, CCAD, and Tawam metabolic-genetics programmes | Reserve Meds

By Reserve Meds clinical & regulatory team. Last reviewed 2026-05-20.

The UAE diagnoses CTX through paediatric and adult neurology referrals at Sheikh Shakhbout Medical City (SSMC), Cleveland Clinic Abu Dhabi (CCAD), and Tawam Hospital, with additional cases captured at Burjeel Medical City and Mediclinic City Hospital Dubai. The 2026 question is how to source Ctexli, the first FDA-approved oral chenodeoxycholic acid replacement therapy for CTX, given that EDE has not yet domestically registered the product.

Why Ctexli, why now

Ctexli received FDA approval in February 2024 as the first treatment specifically labelled for CTX in adults and paediatric patients. CTX is a recessive inborn error of bile-acid synthesis driven by CYP27A1 mutations. Untreated CTX progresses with neurologic deterioration, tendon xanthomas, juvenile cataracts, and early atherosclerosis. With FDA approval less than 24 months ago, the UAE pathway is named-patient import under EDE personal-medication framework.

What Ctexli is, in plain language

Ctexli is oral chenodiol (chenodeoxycholic acid) capsules. It replaces the bile acid the patient's enzyme cannot produce and restores the feedback loop that suppresses cholestanol synthesis. It does not reverse existing damage. It slows or halts progression and lowers cholestanol. Dosing is weight-based, three times daily with food, lifelong.

Eligibility at a UAE metabolic-genetics or neurology clinic

Requirements: confirmed biallelic CYP27A1 pathogenic variants by genetic testing, plus elevated plasma cholestanol. CCAD genetic disease programme, SSMC metabolic clinic, and Tawam paediatric neurology each handle confirmation. Paediatric cases are managed in paediatric neurology at SSMC, CCAD, Tawam, or Sidra Medicine Qatar by cross-border referral; adult cases through adult neurology.

The UAE prescribing and supply picture

Ctexli is not EDE-registered as of 2026. Access is via EDE-approved named-patient import or institutional special-access. Reserve Meds coordinates the import file, the prescription chain from the treating neurologist or metabolic specialist, and temperature-controlled shipping from US or EU source.

Cost band

USD 150K-220K annual per patient (AED 550K-810K), weight-dependent, lifelong. Thiqa for Emirati nationals may cover under rare-disease provision case-by-case; Daman Enhanced and private payors typically require pre-authorisation with diagnostic evidence and treating-specialist letter.

What to expect, week-by-week

Weeks 0 to 4: confirm diagnosis, get prescription, file EDE import, place order. Weeks 4 to 8: shipment arrives, initiation under metabolic-clinic supervision, baseline labs documented. Weeks 8 to 24: cholestanol trend, liver function, tolerability. Month 6 and 12: full metabolic and neurologic reassessment plus MRI white-matter.

When Ctexli is the wrong drug

If genetics do not confirm biallelic CYP27A1, this is not the drug. If cholestanol is normal, diagnosis is in doubt. If neurologic damage is advanced, the goal is stabilisation; family counselling required. Pregnancy data limited; contraception plan required for women of childbearing age.

Closing

Reserve Meds runs the Ctexli import file from the SSMC, CCAD, or Tawam metabolic-genetics referral through EDE named-patient authorisation, US or EU sourcing, and delivered supply. Clinical decisions remain with your treating metabolic specialist or neurologist.

Reserve Meds's role

US-based concierge coordinator for cross-border specialty medicine. We are not the prescriber, not the dispensing pharmacy, and not the manufacturer. All clinical decisions remain with your treating physician.

Reserve Meds

reserved for you.

Composite case examples. This document is for general information only and does not constitute medical advice. Please consult your treating physician.

Reserve Meds is in pre-launch. Published timelines and cost ranges are indicative, not guarantees.

reservemeds.com · hello@reservemeds.com