

## Dysport

Dubai · access guide

# How to access Dysport for spasticity, cervical dystonia, or sialorrhea from Dubai: 2026 pathway via American Hospital Dubai, Mediclinic City, Al Jalila Children's Specialty Hospital, and Dubai PM&R clinics

By Reserve Meds clinical & regulatory team. Last reviewed 2026-05-20.

Dysport (abobotulinumtoxinA, Ipsen) is one of the established botulinum toxin type A products with a broad set of approved therapeutic indications: cervical dystonia in adults, upper and lower limb spasticity in adults and in children aged 2 and older, and chronic sialorrhea. Dysport has been commercially available in Dubai for many years through specialist neurology, physical medicine and rehabilitation, paediatric neurorehabilitation, and otolaryngology services across the Dubai private hospital network and the DHA public sector. Dubai's specialist injection capacity is unusually deep on the private side, with strong cross-emirate referral to Cleveland Clinic Abu Dhabi and SSMC for complex paediatric and adult cases.

One boundary up front. Dysport is also FDA-approved for cosmetic improvement of glabellar lines. Cosmetic botulinum toxin is a routine elective service widely available in Dubai private aesthetics clinics, with same-day appointment availability and modest cost. Reserve Meds does not coordinate cosmetic botulinum toxin access. The page below is for therapeutic Dysport. If you are looking for cosmetic glabellar line treatment, the right next step is a local aesthetics clinic, not this page.

## What Dysport is, in plain language

Dysport is botulinum neurotoxin type A. It is administered by intramuscular injection at the affected muscle group, by a trained specialist physician, in a clinic setting. The injected toxin temporarily blocks the chemical signal that tells the muscle to contract. The injected muscle becomes weaker over 2 to 7 days, the effect peaks at 2 to 4 weeks, and the muscle recovers to baseline over 12 to 16 weeks. The injection cycle then repeats.

Dysport is never self-administered. The patient does not receive a vial at home. The product is held at the treating hospital's specialty pharmacy, reconstituted by the injecting physician on the day of the appointment, and administered in the clinic.

Dysport units are not interchangeable with Botox, Xeomin, or Myobloc units. The injecting physician prescribes by the Dysport unit specifically.

## The therapeutic indications, briefly

---

**Cervical dystonia (adult):** 500 units divided across affected neck muscles, re-injection at 12 weeks. **Upper limb spasticity (adult):** up to 1000 units divided per session. **Lower limb spasticity (adult):** up to 1500 units divided. **Paediatric spasticity (age 2 and older):** weight-based dosing, integrated with paediatric neurorehabilitation. **Sialorrhea (adult and paediatric age 3 and older):** parotid and submandibular gland injection with ultrasound guidance.

## The Dubai specialist injection picture in 2026

---

Dubai's specialist injection capacity is concentrated in the private tertiary network and Al Jalila Children's Specialty Hospital:

**Adult cervical dystonia (movement disorders neurology):** American Hospital Dubai neurology, Mediclinic City Hospital Dubai neurology, King's College Hospital London Dubai, Saudi German Hospital Dubai, Aster CMI, Burjeel Dubai, NMC Healthcare, Dr Sulaiman Al Habib network in Dubai, and the DHA public hospital neurology services.

**Adult spasticity (physical medicine and rehabilitation):** American Hospital Dubai PM&R, Mediclinic City Hospital Dubai PM&R, King's College Hospital London Dubai rehabilitation, and the larger private PM&R clinics. For complex adult spasticity with integrated paediatric anaesthesia adjacency or with cross-discipline neurosurgical input, the cross-emirate option is Cleveland Clinic Abu Dhabi PM&R or Healthpoint Abu Dhabi rehabilitation.

**Paediatric spasticity (paediatric neurology and paediatric rehabilitation):** Al Jalila Children's Specialty Hospital is the UAE's dedicated paediatric tertiary centre with paediatric neurology, paediatric rehabilitation, and paediatric anaesthesia integrated for botulinum injection sessions. Mediclinic City Hospital Dubai paediatric services, American Hospital Dubai paediatric services, and the King's College Hospital London Dubai paediatric service supplement. For complex paediatric cerebral palsy cases considering selective dorsal rhizotomy adjunct, the regional reference is Sidra Medicine Doha; cross-border referral via Al Jalila or KFSHRC Riyadh neurosurgical review.

**Sialorrhea injection (otolaryngology):** ENT at the major Dubai private tertiary centres and at Al Jalila for paediatric cases, often co-managed with the referring neurology or paediatric team.

The pathway is straightforward in Dubai because Dysport is commercially registered and stocked through the hospital specialty pharmacies. There is no named-patient or NPP routing complexity. The operational questions are which specialist, which clinic, what the appointment cycle looks like, and how the insurance pre-authorisation runs.

## Eligibility and the conversation with the specialist

---

The first appointment is the clinical assessment to confirm the indication, set the realistic treatment goal, plan the muscle targets and dose, and align the patient or family on the injection cycle commitment.

Pre-injection review covers active infection at the planned sites, active neuromuscular junction disease (myasthenia gravis, Lambert-Eaton, ALS as relative contraindications), aminoglycoside antibiotic exposure, anticoagulant status, and pregnancy or lactation status. The treating specialist sets the re-injection calendar with a minimum 12 weeks between sessions for the same muscle group.

## The injection session, step by step

---

A 30-to-60-minute clinic appointment. Patient positioned, sites marked, EMG or ultrasound guidance for deeper muscles, vial reconstituted by the physician, injections given, 15-to-30-minute post-injection observation. The specialist briefs on what to expect (onset 2 to 7 days, peak 2 to 4 weeks, recovery over 12 to 16 weeks) and on warning signs.

For paediatric injection sessions at Al Jalila or the Dubai private tertiary centres, the sedation or anaesthesia plan is set in advance. Al Jalila has dedicated paediatric anaesthesia integration for injection sessions.

## The 2026 pathway, step by step

---

Week 0: Referral. The primary physician, neurologist, or paediatrician refers to the appropriate specialist.

Week 1 to 4: First specialist assessment. Indication confirmed, treatment goal set, injection plan drafted, insurance pre-authorisation initiated.

Week 4 to 8: Insurance approval and first injection scheduling. For Emirati nationals, Thiqa pre-authorisation; for commercial insurance, Daman, AXA, Oman Insurance, Cigna, Bupa, MetLife as applicable; for self-pay, the cost picture is set out below.

Week 6 to 10: First injection session. Reserve Meds coordinates the appointment logistics, the post-injection physiotherapy schedule where applicable, and the 12-to-16-week re-injection calendar.

Week 18 to 22: First post-injection follow-up and re-injection appointment.

Month 6 to 12: Ongoing 12-to-16-week injection cycle integrated with rehabilitation.

## Cost expectation in AED

---

Per-vial private-pay cost of Dysport at the Dubai specialty pharmacy commonly runs USD 800 to USD 1,500 per 500-unit vial. Per-session injection cost including physician fee, clinic fee, supplies, and the vial itself typically runs USD 1,500 to USD 4,000 depending on indication, dose, and centre. A spasticity patient receiving 4 sessions per year at the upper unit end runs an annual drug-plus-procedure cost of approximately USD 8,000 to USD 16,000.

At 2026 indicative cross rates, the AED-equivalent annual cost band is approximately AED 29,000 to AED 59,000 per patient. Insurance coverage for therapeutic botulinum toxin is commonly available through Thiqa for Emirati nationals via the rare-disease and chronic-condition pathway, through Daman for employer-sponsored plans, and through the major commercial insurers (AXA Gulf, Oman Insurance, MetLife, Cigna, Bupa) with documented medical necessity and prior authorisation. Cosmetic glabellar line injection is patient-pay only and is not coordinated by Reserve Meds.

## What to monitor

---

**Distant spread of toxin effect (boxed warning):** difficulty swallowing or breathing, generalised weakness, eye droop. Highest risk in paediatric limb spasticity at higher doses. Briefed at every session.

**Dysphagia after cervical dystonia injection:** common, dose-related, usually mild and self-limited.

**Injection-site reactions:** local pain, bruising, mild swelling. Self-limited.

**Antibody formation with repeated injection:** 12-week minimum re-injection interval is the discipline that minimises this risk.

**Pregnancy:** limited data, case-by-case benefit-risk discussion. **Lactation:** generally compatible.

**Drug interactions:** aminoglycosides and other neuromuscular junction blockers may potentiate. Medication review at every session.

## Religious, ethical, and family-logistics framing

---

Dysport contains human serum albumin as an excipient. The treating specialist can discuss Xeomin (which does not contain human serum albumin) for patients or families who prefer to avoid the human serum albumin component. Reserve Meds raises this proactively where it is likely to be relevant.

The 12-to-16-week injection cycle accommodates Ramadan, Hajj, summer travel, and family commitments without significant disruption.

For paediatric patients, spasticity care is a multi-year commitment integrated with physiotherapy, orthotic management, and where appropriate orthopaedic and neurosurgical input. Al Jalila is designed to support the family through the multi-year journey.

## When Dysport is not the right call

---

For cosmetic glabellar lines, Dysport via Reserve Meds is not the pathway. Local Dubai aesthetics clinics provide cosmetic botulinum toxin as a routine elective service.

For patients with active neuromuscular junction disease, active infection at the injection site, severe fixed contracture (orthopaedic surgical referral), or neutralising antibodies to type A with reduced clinical response (Xeomin or Myobloc alternative), the specialist sets the threshold and the operational pathway shifts accordingly.

For complex paediatric cases beyond Al Jalila's scope, the cross-emirate or cross-border option is Cleveland Clinic Abu Dhabi, SSMC, or Sidra Medicine Doha.

Reserve Meds does not push Dysport as a default. The page above describes the Dysport pathway because Dysport is the product the patient or family has asked about.

## What Reserve Meds does on this case

---

We are a US-based concierge coordinator for specialty pharma access. For therapeutic Dysport cases in Dubai we identify the appropriate specialist (movement disorders neurologist for cervical dystonia, physiatrist for adult spasticity, paediatric neurologist or paediatric rehab at Al Jalila for paediatric spasticity, otolaryngologist for sialorrhea), coordinate the first specialist appointment, run the insurance pre-authorisation in parallel with the clinical pre-authorisation, schedule the injection session and the post-injection physiotherapy programme, and maintain the 12-to-16-week re-injection calendar. We do not sell, dispense, store, transport, or administer the product.

Cosmetic botulinum toxin for glabellar lines is outside Reserve Meds scope. Clinical decisions remain with your treating specialist.

## ***Reserve Meds's role***

US-based concierge coordinator for cross-border specialty medicine. We are not the prescriber, not the dispensing pharmacy, and not the manufacturer. All clinical decisions remain with your treating physician.

---

### **Reserve Meds**

*reserved for you.*

Composite case examples. This document is for general information only and does not constitute medical advice. Please consult your treating physician.

Reserve Meds is in pre-launch. Published timelines and cost ranges are indicative, not guarantees.

reservemeds.com · hello@reservemeds.com