

## Nuplazid

United Arab Emirates · access guide

# How to access Nuplazid from the UAE, the named-patient import pathway, 2026

By Reserve Meds · Clinical & regulatory team · Last reviewed 2026-04-23

An the UAE patient with hallucinations or delusions associated with Parkinson's disease psychosis may receive a prescription for Nuplazid (pimavanserin) from their treating neurologist or movement-disorder specialist. Nuplazid is FDA-approved for this indication and developed by Acadia Pharmaceuticals. It is not a controlled substance. In the UAE, Nuplazid is not locally registered, and access is coordinated through the named-patient / personal-use import pathway.

This guide explains the pathway, documentation your physician prepares, typical timing and cost bands, and where Reserve Meds fits in.

## The clinical situation

Nuplazid is an oral selective serotonin 5-HT<sub>2A</sub> inverse agonist, taken once daily at 34 mg (typically two 17 mg capsules or one 34 mg tablet). Unlike typical or atypical antipsychotics, Nuplazid lacks significant dopamine receptor antagonism, which makes it attractive for Parkinson's patients who cannot tolerate the motor worsening of dopamine-blocking antipsychotics. Eligibility anchors to documented Parkinson's disease, active psychosis symptoms sufficient to warrant treatment, and QT assessment. Nuplazid carries a boxed warning for increased mortality in elderly patients with dementia-related psychosis, your neurologist documents the risk/benefit discussion.

## Is Nuplazid legally importable into the UAE?

Yes, through the MoHAP / Drugs Controller General of the UAE (DCGI) personal-use and hospital-sponsored named-patient import frameworks. The mechanism permits a registered medical practitioner (or the patient on personal-use grounds with physician documentation) to request import of an FDA-approved medicine where no clinically equivalent registered alternative exists. Parkinson's disease psychosis has limited disease-specific registered options in the UAE.

## How the pathway works, step by step

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1. **Consultation with your treating neurologist or movement-disorder specialist.** Parkinson's diagnosis, psychosis characterisation, and clinical rationale.
2. **Baseline assessment.** QT assessment (ECG), concomitant medication review for QT-prolonging agents, boxed-warning discussion documentation.
3. **MoHAP personal-use / named-patient application.** The physician or hospital files clinical rationale, patient identification, and product details.
4. **US-side sourcing.** Reserve Meds coordinates with our US-licensed specialty wholesale partner to secure Nuplazid from authorised distribution under DSCSA.
5. **Ambient shipment.** Nuplazid ships under controlled ambient conditions with chain-of-custody documentation and customs clearance support.
6. **Arrival and dispensing.** The hospital pharmacy or licensed personal-use receiver releases the bottle to the patient.

## What documentation your physician needs

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- Clinical rationale letter confirming Parkinson's psychosis and Nuplazid as the indicated therapy
- Verification of the UAEn medical registration (NMC)
- Baseline ECG with QT assessment
- Concomitant-medication review for QT-prolonging agents
- Boxed-warning discussion documentation
- Patient identifier and address for the import record

Reserve Meds provides a physician documentation kit bundling templates MoHAP reviewers and the UAEn customs expect for Parkinson's-related named-patient and personal-use imports.

## Costs and timing

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Nuplazid's US cash-pay drug-only reference cost sits in an indicative 2026 annual range of roughly USD 40,000-45,000 for continuous daily dosing. International logistics, customs clearance, MoHAP documentation handling, and concierge coordination add incremental cost. Reserve Meds issues a transparent quote at the start of intake. Indicative range.

Indicative timing for first dispense after cohort intake opens is 7-14 days from the moment a complete application is submitted and customs processing begins.

*Fulfillment availability is limited to our first cohort, and all timelines published on this site are indicative. If your clinical situation is time-sensitive, tell us at intake. We triage accordingly.*

## Reserve Meds's role

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- **Sourcing.** Through our US-licensed specialty wholesale partner under DSCSA chain-of-custody.
- **Documentation.** Regulatory package for your physician and MoHAP / customs review.
- **Logistics.** Ambient-controlled shipment with customs clearance support.
- **Concierge case lead.** A named point of contact coordinating monthly refills, often helpful where caregiving is distributed across a family and diaspora.

**What we do not do:** We are not the prescriber, do not practise medicine, and are not the dispensing pharmacy. All clinical decisions remain with your treating neurologist.

## Frequently asked

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**Is this legal in the UAE?** Yes, when executed through the MoHAP personal-use / named-patient framework with appropriate documentation. See our trust and compliance page.

**Is Nuplazid a controlled substance?** No. Pimavanserin is not a scheduled controlled substance.

**Why not use quetiapine or another atypical antipsychotic?** Many atypical antipsychotics worsen Parkinson's motor symptoms via dopamine antagonism. Nuplazid's mechanism avoids this. Your neurologist selects based on the specific clinical picture.

**What is the boxed warning about?** Like other antipsychotic-class medicines, Nuplazid carries a boxed warning for increased mortality in elderly patients with dementia-related psychosis. Your neurologist documents the risk/benefit discussion at initiation.

**Will insurance cover this?** Cash-pay is the default. Some the UAEn private insurers and diaspora policies consider case by case; we supply documentation but do not process claims directly.

### *Reserve Meds's role*

US-based concierge coordinator for cross-border specialty medicine. We are not the prescriber, not the dispensing pharmacy, and not the manufacturer. All clinical decisions remain with your treating physician.

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### Reserve Meds

*reserved for you.*

Composite case examples. This document is for general information only and does not constitute medical advice. Please consult your treating physician.

Reserve Meds is in pre-launch. Published timelines and cost ranges are indicative, not guarantees.

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