

## Rexulti

Qatar · access guide

# Rexulti access in Qatar: the MOPH-PD named-patient pathway

Last reviewed 2026-05-12 by Reserve Meds clinical and regulatory team.

## Quick orientation

Patients in Qatar access Rexulti (brexpiprazole) for the treatment of schizophrenia in adults and paediatric patients 13 years and older, as adjunctive therapy for major depressive disorder in adults, and the treatment of agitation associated with dementia due to Alzheimer's disease through the MOPH-PD named-patient pathway, a the Pharmacy and Drug Control Department of the Qatar Ministry of Public Health-administered mechanism that allows a Qatari-licensed physician at a registered facility to import the FDA-labelled product for a specific named patient. This page details the documentation, approval timeline, and real cost in QAR.

## Why Qatari patients need Rexulti through the named-patient pathway

The State of Qatar operates a structured pharmaceutical regulatory environment. Rexulti (brexpiprazole) is regulated through MOPH-PD (the Pharmacy and Drug Control Department of the Qatar Ministry of Public Health) channels, and a Qatari family asking for Rexulti is rarely asking for a medicine that does not exist locally. They are usually asking for a precise version of it that the local market has not caught up to.

Four converging patterns drive these cases. First, indication lag. Rexulti's newer FDA-approved indications and dosing expansions often reach local registration 12 to 36 months after the US label. A family whose treating physician has documented a clear FDA-label fit may still find that the local label has not caught up. Second, presentation gaps. The exact strength, weight-banded dose, or pen format the prescriber needs may not be stocked at the local agent even when the medicine is registered. Third, payer denial. Hamad Medical Corporation public coverage, QLM, and GIG Gulf Qatar and AXA Gulf Qatar each assess specialty therapies case by case, and step-therapy or formulary rules often produce denials even when the drug is on the local register. Cash-pay families pursue cross-border supply rather than wait through appeals. Fourth, continuity of supply. When a US-stable patient relocates to Qatar or visits family for an extended period, maintaining the original FDA-sourced regimen matters more than switching to a different local presentation.

In each pattern, the MOPH-PD named-patient pathway is the mechanism that connects a Qatari-licensed physician's clinical decision with US-sourced, FDA-labeled product for a specific patient. Clinically, Rexulti is an oral atypical antipsychotic that acts as a partial agonist at serotonin 5-HT<sub>1A</sub> receptors and dopamine D<sub>2</sub> receptors, with antagonist activity at serotonin 5-HT<sub>2A</sub> and noradrenergic alpha-1B/alpha-2C receptors, and the named-patient route preserves that mechanism rather than substituting a non-equivalent local option.

## **The MOPH-PD named-patient pathway for Rexulti**

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The pathway for a Qatari-licensed physician to obtain a medicine that is not registered or not stocked locally is the named-patient import authorisation administered through the Pharmacy and Drug Control Department of the Qatar Ministry of Public Health, which allows a treating physician at a registered facility (typically within the Hamad Medical Corporation network or a licensed private hospital) to apply for the import of an unregistered medicine for a specific named patient where the medicine is approved by a recognised reference authority. The framework allows registered healthcare facilities to import a specific medicine for a specific patient when the medicine is approved by a recognised reference authority (typically the US FDA, EMA, MHRA, PMDA Japan, or Health Canada) and a clinically equivalent locally registered alternative is not suitable. For Rexulti specifically, the clinical justification typically frames the case around the precise FDA-approved indication and the documented gap in the local route.

A complete application includes a clinical justification letter from the treating physician (diagnosis, severity, prior therapies, why this specific drug, why the locally stocked option is not suitable for this case), the treating physician's Qatari medical license verification through the Qatar Council for Healthcare Practitioners (QCHP) and the MOPH, an anonymised patient identifier where the MOPH-PD submission allows, full product details (brand name, generic name, manufacturer, strength, dosage form, pack size, quantity requested, intended treatment duration), the destination dispensing facility name, license number, and pharmacy in charge, and a chain-of-custody plan describing how the medicine will move from the US manufacturer through the importer to the dispensing pharmacy.

For Rexulti, the clinical justification angle typically rests on one or more of three documented elements: a pediatric or weight-banded request that fits the FDA label but not the local label, a denied biologic or specialty claim where prior step-therapy has been documented, or a continuity-of-supply request for a patient previously stabilised on the US-sourced presentation. The treating physician documents the relevant clinical criteria for the prescribed indication: severity scores, biomarker levels, prior therapy failures, and the rationale for Rexulti versus the next-in-line local alternative.

Approval timelines for routine cases are typically 7 to 21 business days. Complex cases (rare indication, larger quantities, first import of a given pediatric or weight-banded format) can extend to 5 to 8 weeks. MOPH-PD retains discretion on timing, and we do not promise specific durations.

## Where Rexulti gets dispensed in Qatar

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A small group of Qatari institutions handle named-patient imports as established workflow, with in-house import pharmacy infrastructure and physicians experienced with the application set. Tertiary and major private hospitals that meet this profile include Hamad Medical Corporation Mental Health Service in Doha, Sidra Medicine Behavioural Health (paediatric and adolescent), and Al Ahli Hospital Doha. Each maintains pharmacy infrastructure appropriate to the storage requirements of the imported medicine (2 to 8 degrees Celsius cold-chain for biologics, ambient storage for oral therapies, ultra-cold or specialised handling where the FDA label requires it).

For physicians at smaller hospitals without internal import infrastructure, the common pattern is to route through a specialty importer that holds a pharmaceutical establishment license and files the MOPH-PD application on the prescribing physician's behalf. The medicine then moves into the prescribing hospital's outpatient or specialty pharmacy under chain-of-custody documentation.

## Real cost picture for Rexulti in Qatar

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US WAC for Rexulti runs in the range of USD 15,456 to USD 18,144 per year at the standard FDA-labelled regimen for the treatment of schizophrenia in adults and paediatric patients 13 years and older, as adjunctive therapy for major depressive disorder in adults, and the treatment of agitation associated with dementia due to Alzheimer's disease. QAR is pegged to the US dollar at approximately 3.64 QAR to 1 USD, so the annual reference range converts to roughly QAR 56,000 to QAR 66,000 for the drug itself at US WAC equivalents.

International logistics for shipment to Qatar typically runs USD 450 to USD 1500 depending on destination city, urgency, and presentation (cold-chain biologics carry the higher end of the range; ambient oral solids the lower). The State of Qatar customs and MOPH-PD permit fees are nominal relative to drug cost. Reserve Meds' concierge fee is itemised separately on every firm quote.

On the insurance side, Hamad Medical Corporation public coverage, QLM, and GIG Gulf Qatar and AXA Gulf Qatar each assess named-patient imports case by case. Some reimburse fully when the medicine is on their formulary even if not stocked, some reimburse a percentage subject to copay, and many require pre-authorization. We do not promise coverage from any insurer. US manufacturer copay cards and patient assistance programs do not extend internationally; cross-border patients pay cash or rely on local payer coverage.

## Typical timeline for Rexulti in Qatar

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MOPH-PD routine processing is typically 7 to 21 business days from a complete filing. International logistics adds 2 to 5 additional days depending on whether the presentation is ambient or cold-chain, the dispensing city, and customs clearance. End-to-end, most routine adult cases complete within 3 to 6 weeks from first complete documentation. Pediatric, weight-banded, or first-import cases can run slightly longer because presentation selection and first-import scrutiny can extend MOPH-PD review.

For temperature-sensitive products, the dispensing facility must maintain validated storage with continuous monitoring; the manufacturer's room-temperature excursion runway on the FDA label informs how we plan the Gulf, South Asia, or North Africa shipping lane, and the cold chain is broken only at the dispensing pharmacy under documented control.

When a case is on a clinical clock (a flare, a new diagnosis with an active disease, or a treatment cycle scheduled at the dispensing centre), the practical question is which step controls the timeline. In our experience the binding step is rarely the MOPH-PD review itself when the application is filed clean; it is usually documentation completeness on the prescriber's side or, for cold-chain biologics, the dispensing facility's storage and monitoring confirmation. The intake is where we lock the case-team contact, gather the documents in parallel, and start the US sourcing clock so that approval and product land in the same week rather than serially.

## What your physician needs to provide

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For a Qatari-licensed specialist prescribing Rexulti through the MOPH-PD pathway, the clinical justification letter is the cornerstone of the application. The letter typically documents the patient's confirmed diagnosis for the treatment of schizophrenia in adults and paediatric patients 13 years and older, as adjunctive therapy for major depressive disorder in adults, and the treatment of agitation associated with dementia due to Alzheimer's disease, severity assessment (scoring instrument, biomarker, imaging, or biopsy as appropriate for the indication), prior therapy history including first-line options tried, and a clinical rationale for why Rexulti is the appropriate next step given an oral atypical antipsychotic that acts as a partial agonist at serotonin 5-HT<sub>1A</sub> receptors and dopamine D<sub>2</sub> receptors, with antagonist activity at serotonin 5-HT<sub>2A</sub> and noradrenergic alpha-1B/alpha-2C receptors.

The letter also specifies the exact dosing plan per the FDA-approved label: starting dose, maintenance dose, route of administration, schedule, and intended duration of therapy. Monitoring plan should reference any baseline laboratory or imaging requirements specific to Rexulti (full blood count, liver function, infection screen, ophthalmology assessment, or pregnancy testing where the FDA label requires it), planned follow-up intervals, and dose-modification criteria for the most common adverse events.

The treating physician's Qatari license number, the dispensing facility license number, and the pharmacy in charge of dispensing complete the package. For cold-chain or specialty-handling products, the dispensing pharmacy's documented storage protocol and continuous-temperature-monitoring log are part of the chain-of-custody record we share with the importer.

## Common questions about Rexulti in Qatar

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**Will Hamad Medical Corporation public coverage, QLM, and GIG Gulf Qatar and AXA Gulf Qatar cover this?** Each insurer assesses named-patient imports case by case. Some reimburse fully when Rexulti is on their formulary even if not currently stocked, some reimburse a percentage subject to copay, and many require pre-authorisation. We supply the documentation set that allows your insurer to assess the case; the claim itself sits with you or your hospital.

**Is the FDA-approved indication recognised by MOPH-PD?** The MOPH-PD named-patient pathway exists precisely to permit access when the local registration or stocking lags the FDA label. The application documents the FDA indication, the reference-authority approval, and the local gap; MOPH-PD review focuses on the clinical justification rather than re-litigating the FDA decision.

**My physician is licensed in one emirate / state / province and the hospital is in another. Is that fine?**

Any Qatari-licensed physician practicing in good standing in the jurisdiction of the dispensing facility has signing authority on the clinical justification letter. The Qatar Council for Healthcare Practitioners (QCHP) and the MOPH verifies the active license; the MOPH-PD application records both the prescribing physician and the dispensing facility.

**Can I receive Rexulti at home?** The dispensing facility must be Qatari-licensed. The hospital outpatient or specialty pharmacy releases the medicine to you after final verification, and you then administer or self-administer at home where the FDA label permits, after the dispensing pharmacy's training. The cold-chain or controlled-storage handoff ends at the dispensing pharmacy; home storage and any handling protocol are part of your patient onboarding kit.

**What about competitors or alternative therapies in the same class?** Choice of therapy depends on the patient's full phenotype, prior therapy, and the prescriber's judgment. Reserve Meds coordinates whichever medicine the physician has prescribed; we do not substitute, advise on substitution, or promote one brand over another.

**Where Reserve Meds fits in Rexulti cases**

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Reserve Meds is a US-based concierge coordinator. We do not replace your treating physician, we do not replace MOPH-PD, and we do not replace your dispensing pharmacy. For Rexulti specifically, we orchestrate the US-side sourcing through a DSCSA-compliant specialty channel, build the documentation packet your physician submits, coordinate validated logistics (cold-chain with continuous temperature logging where the FDA label requires it) into Qatar, and assign a single named coordinator through the case. Standard named-patient coordination under our specialty playbook applies. Presentation selection, dose-band confirmation, and patient onboarding for self-administration where applicable are the recurring operational fundamentals we expect for this drug.

Operationally, a typical Rexulti case runs across four parallel tracks. The clinical track is the physician's: justification letter, dosing plan, monitoring schedule, and the next patient-facing follow-up. The regulatory track is the MOPH-PD application packaged by the importer; we provide the documentation template, the dispensing facility license check, and the chain-of-custody attestation. The logistics track is the US-side sourcing and the validated international shipment with continuous temperature logging and customs broker coordination. The patient-experience track is the named coordinator who keeps everyone aligned on dates, addresses dispensing-pharmacy questions, and confirms the medicine has been received and stored correctly. The four tracks are run in parallel rather than in series; that is the operational difference between a 3-week and a 9-week case.

Rexulti is administered orally once daily at 0.5 mg to 4 mg per the labelled regimen and indication; psychiatry follow-up monitors response, extrapyramidal symptoms, metabolic parameters, akathisia, and the labelled boxed warning regarding increased mortality in elderly patients with dementia-related psychosis and increased suicidality risk in younger adults treated for depression.

## ***Reserve Meds's role***

US-based concierge coordinator for cross-border specialty medicine. We are not the prescriber, not the dispensing pharmacy, and not the manufacturer. All clinical decisions remain with your treating physician.

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### **Reserve Meds**

*reserved for you.*

Composite case examples. This document is for general information only and does not constitute medical advice. Please consult your treating physician.

Reserve Meds is in pre-launch. Published timelines and cost ranges are indicative, not guarantees.

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